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Crystal Alignments: Rutilated Quartz

Every so often specific crystals make their presence known to me, either by showing up in a pile, thoughts about it keep popping in, it catches my eye as I walk past, or suddenly all my friends or customers are asking about it. The past two weeks it's been Rutilated Quartz. This morning I actually paid attention, and had a big "Ah ha!" moment as to why it has been calling to me.

Rutilated Quartz is a form of clear or smoky Quartz that has fine needle-like inclusions inside (called rutiles), and they can be red, silver, or gold.

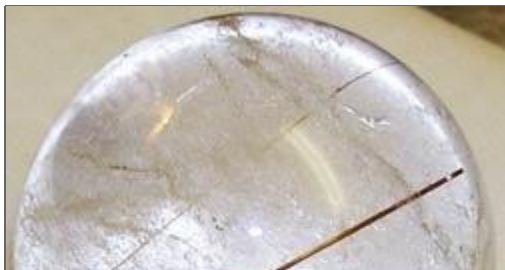
Rutilated Quartz is a crystal that teaches us about freedom and clarity. Its qualities of magnifying and intensifying thoughts and emotions really ask us to be clear and precise about keeping positive and aligned with our truest heart center. If there are issues that are not in alignment for your highest good, Rutilated Quartz can amplify them so they can be released or moved into a space of clarity, even to the deepest karmic issues. The potential for breakthroughs in our emotions is wonderful. When we find that clarity, it gives a huge sense of freedom and expansion.



*Jennifer Salness
Crystal Intuitive*

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Expansion is where I found my breakthrough moment this morning. As I was listening to what the Rutilated Quartz had to tell me, I felt the deep cleansing at the core of a personal block related to my businesses. It really helped me see the point with new eyes and move beyond what I thought was a limitation. My vision instantly expanded into something larger that I had never even thought of that will help my business grow. It was so grand and clear that it took my breath away. Now I can move forward with a greater sense of possibilities.



This crystal is a great assistant in moving beyond our own limitations. During these times of stress and challenge we might feel stuck and confused about the future, but Rutilated Quartz can give us new hope and new vision for what is possible. All things are possible now. It helps us see the light and truth in everything,



where we can see that our ideals can actually become reality.

My favorite story to tell about Rutiled Quartz, however, relates to how it can help with memory issues. A few years ago at the Tucson Gem Show my mom and I were talking to a crystal dealer friend, and my mom asked her, "What stone is good for memory? I can't remember anything!" She was told Rutiled Quartz and replied, "Great, I'll remember that." Two days later we were talking to the same friend. My mom asked, "What

was the name of that stone again for memory?" Apparently she should have purchased it immediately, but we all had a great laugh.

So what's holding you back today or where do you need clarity? Grab your Rutiled Quartz and find your answers.

A note about crystals and stones: they do not "heal" us. They do remind us of who we are, however, which is always perfect and divine. The law of resonance applies when working with the mineral kingdom, meaning when we bring our bodies and energies into contact with a crystal or stone, we will resonate or vibrate at the same level, which teaches us to embody the gift or "personality" of the crystal. Every crystal and stone will work differently with each person, however, and I encourage you to have your own experience with them. The usual disclaimer: always consult a medical doctor or mental health practitioner when in need.

About the Crystal Intuitive



Jennifer Salness is a crystal intuitive, gemstone dealer, Reiki Master Teacher, and author. She has studied crystals and stones, as well as other vibrational and healing modalities, for over 12 years. Her joy is connecting people with crystals and tools to support their spiritual path and to raise consciousness to the new field. She is owner of Crystalline Light, an online shop and business offering gifts, energy healing, readings, and classes in person and online. Jennifer is also creator of *Whispers of Spirit*, an online metaphysical magazine.

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